

I wish I'd done this years ago... I'm mad at myself for letting this go for so long. I can't believe how much better my legs look and feel now. I can wear my shorts and bathing suit on our trip... I'm just thrilled!

~Shannon, Thornbury

Shannon's comments are typical of Thornbury Leg Vein Clinic clients. "I love hearing how my clients are so happy with the outcome of their leg vein treatments, it really enhances their lives" says Thornbury Leg Vein Clinic owner, Kathy de Langley. Thornbury Leg Vein Clinic is a new venture opened recently to provide treatments to eliminate unsightly leg veins.

Since 2000, Kathy has been providing Sclerotherapy and Laser treatments to address spider veins and larger Reticular leg veins. Kathy is an RN with over 25 years of experience and began her Sclerotherapy training in London, Ontario and since then has taken many specialized courses in Sclerotherapy and Lasers over the years.

She is also qualified to fit clients for medical compression socks and stockings. "These are not 'Granny elastic stockings,'" explains Kathy, "but rather an elegant and fashionable product that looks and feels great." There are even hiking socks and athletic performance compression options for working out, that look great for men and women. Extended Health Insurance usually covers the cost of compression stockings, as they are therapeutic.

Thornbury Leg Vein clients first see Kathy for a complementary assessment and consultation. Then, they are seen by Dr. Tim Remillard for a medical evaluation before commencing their treatments with Kathy.



Before



After

Source Guide...

THORNBURY LEG VEIN CLINIC Kathy de Langley R.N 705 888 3415
Blue Mountains Community Health Centre 78 King St. W Thornbury

DE-VEINED



Before



After

Sclerotherapy effectively treats unhealthy and unsightly leg veins. The treatment involves injecting a solution into the affected vein. The solution causes the vein to collapse and forces blood to then reroute through healthier veins. The collapsed vein is resorbed by the body and disappears. "Before and After" photographs are taken, so that clients can see the improvement in appearance of the legs. The number of visits is determined by the number of veins to be treated.

Treatments are affordable and are about 30 minutes long. Normal exercise and activities can be resumed right away. "Most of my clients want to know when they can work out after their treatments and I tell them it's recommended to exercise right away," relates Kathy.

Spring is usually the busiest time for leg vein treatments as the weather warms up and we start thinking about shorts and bare legs. Although treatments can be done at anytime.

Leg veins don't improve on their own, and they often get worse, the longer the issue is ignored. The good news is that there are treatment options that can help one feel good about how their legs look. |E|

VEIN FACTS...

Varicose veins are usually enlarged and unsightly and are often associated with symptoms of discomfort.

Spider veins are small red or purple veins located just below the surface of the skin. They can have a web-like appearance, hence, the term spider vein. Most spider veins have an unattractive cosmetic appearance and, in some cases, may give rise to symptoms of itching, burning, or throbbing of your legs. Another type of vein is the reticular vein, which is bluish, deeper than spider veins, and often "feed" the spider vein. A commonly seen reticular vein is the (lateral) Vein of Albanese. These veins need to be treated or else the spider veins cannot be reliably eliminated. Both spider and varicose veins can be treated with injection Sclerotherapy.